



CONTACT US

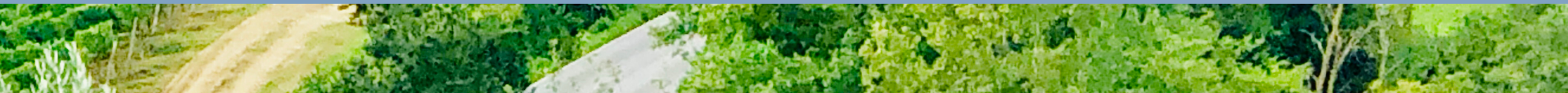
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Gluten Free Joy Luxury Boutique Tour to Italy

Sept 27-Oct 6 2020



All tours incorporate coeliac vetted culturally authentic gourmet dining. Jane, your tour host, has utilized her extensive travel knowledge and experience as a diagnosed coeliac of 17 years to craft tours absolutely brimming with 'pinch me' travel moments, without any of the normal stress associated with coeliac travel. She has done all of the work so that all you have to do is show up and enjoy the trip of a lifetime.

ITINERARY*

**subject to slight variation*

Day 1: Arrive Florence

Pick up transfer to Hotel (optional). Settle in to your delux accommodation, then head up to the rooftop loggia to meet your fellow guests for sunset drinks. Dinner at local pizzeria, hosted by our very own coeliac guide to all things gluten free in Florence..

Day 2: Explore Florence

Start the day with a 3 hour historic walking tour of Florence with a local guide, before heading off to explore this beautiful city yourself. You will be orientated to all of the best GF foodie venues to incorporate in your exploration! Dinner at local gluten free ristorante.

Day 3: Florence + Arrive Villa

After having the morning free to explore Florence some more, perhaps incorporating a museum visit, indulging in some shopping or just wandering around eating GF gelato, we then head out to settle in to our gorgeous Tuscan Villa, our home for the next 7 nights. Dinner together at Villa.

Day 4: Hidden Treasures of Tuscany

Full day tour of the Val D'Orcia region incorporating the hidden hilltop towns of **Pienza & Montalcino**. Along the way we explore an ancient Abbey, enjoy a Brunello wine tour and indulge in a gorgeous lunch with stunning views. Dinner locally to Villa.

Day 5: Markets & Cooking

Starting with a morning visit to the Florentine produce markets with our resident chef, we then head back to the villa to whip up a gourmet 5 course feast that we then enjoy together! The afternoon is free for you to explore or rest. Dinner self cater.

Day 6: Delights of Tuscany

The most picturesque medieval hilltop towns of Tuscany are on the agenda for today. We visit **San Gimignano, Certaldo & Sienna**, incorporating a breathtaking cliff top lunch and an appetivo overlooking Sienna's famous central piazza. Dinner is a grazing platter on the Villa's patio.

Day 7: REST DAY / Optional Activities*

Catch your breath & relax around the villa pool, or head out for some more excitement... perhaps a tour to Pisa & Lucca, an extra cooking workshop, or the chance to head back into Florence for a day trip. Dinner self cater. **not included in price*

Day 8: Cinque Terre

A full day trip to this stunning seaside region of Italy. We visit the towns of **Manorola, Vernazza** (incl lunch) & **Monterossa** (bring your swimmers!), enjoying an additional boat ride between towns (weather permitting) to capture the beauty of the region from another perspective. Dinner self cater.

Day 9: Medici Villa + Ceramics Factory

Today we explore one of Medici's residences in Poggio A Caiano, Artemino, as well as a ceramics factory. Lunch included. Optional extra afternoon cooking workshop. Farewell Dinner back at Villa.

Day 10: Depart. Transfer to Florence

TOUR INFO

Max 10 persons on tour

Costs*:

Super Early Bird Price: \$5100 pp twin share

Valid until 30 Nov 2019 - land costs only

Early Bird Price: \$5299 pp twin share

Valid until 28 Feb 2020 - land costs only

Regular Price: \$5499 pp twin share

Valid until 31 July 2020 - land costs only

**payment plans available*

For solo travellers, a mandatory single supplement of \$1000 pp applies.

Inclusions

Accommodation & daily full breakfasts

5 lunches + 6 dinners

GF cooking workshop with qualified chef

Florence market visit with chef

Guided historical walking tour of Florence

Wine tour & tastings

Medici Villa & Ceramics Factory tour

2 full day tours to the stunning Chianti and Val D'Orcia regions

Full day tour to Cinque Terre, incl a swim at Monterossa

All transportation & transfers as indicated in itinerary

Bilingual tour leader

Apron & recipe book

Exclusions

Travel to and from Italy

Pick up transfer (optional add on)

Some meals as indicated in itinerary

Optional activities

Accommodation

You will only have to unpack twice, leaving you plenty of time to relax & unwind in your stunning surroundings.

Florence (2 nights) – **Palazzo Guadagni**, a 16th century palace overlooking a beautiful piazza located in the historical centre of Florence

Tuscany (7 nights) – **Villa Pandolfini**, a 14th century renaissance villa set in a 150 hectare estate of forests, vineyards & olive trees, once host to Napoleon Bonaparte & King Charles III of France